



Local Government Training Group

TALKING RETIREMENT

The course is for anyone who is approaching or considering retirement. There is no age restriction as early retirement by choice or due to lack of work opportunity or redundancy are the main reasons for premature retirement.

TRAINER: University of Ulster in conjunction with Aon McMillen, Financial Advisors

Course Content:

- the importance of a positive attitude
- developing new routines
- personal relationships
- voluntary work
- adult education and leisure activities
- adopting a healthy lifestyle
- health checks
- diet and exercising
- company and personal pensions
- the state pension - how to qualify
- budgeting on a reduced income
- maintaining the purchasing power of your money

- investments - the risks and the returns
- tax efficient financial planning - an individually designed strategy to
- suit your needs
- the importance of independent financial advice
- making a will
- inheritance tax planning.